

Coastal Terrace Menu

Hydro Hotel
EASTBOURNE

Sandwiches

Available all day

Humus and roasted pepper	£6.50
Mature cheddar cheese and mango chutney	£6.50
Honey roasted ham and Dijon mustard	£6.70
Carrot, beetroot and avocado	£6.70
Roast beef and horseradish sauce	£6.70
Egg mayonnaise and bacon	£6.90
Tuna mayonnaise and red onion	£6.90
North Atlantic prawns with marie rose sauce	£8.50
Smoked salmon and cream cheese	£8.50
Toasted Sandwich selection*	£7.50
<i>Choice of any two fillings: ham, mature cheddar cheese, tomato, onion</i>	
"Hydro" Club*	£9.80
<i>Our special triple-decker with chicken, bacon, lettuce, tomato and mayonnaise all on your choice of toasted bread</i>	
Hydro Deli Sandwich*	£8.95
<i>Pastrami, Swiss cheese, coleslaw, lettuce, tomato and Dijon mustard, served on wholegrain bread</i>	
BBQ Pulled Pork Wrap*	£8.50
Chargrilled chicken and avocado wrap*	£8.50
Cranberry, walnut and chickpea salad wrap*	£8.50
Skinny fries	£3.85

*Available 12.00 noon - 5.00pm

All sandwiches are prepared with your choice of wholegrain or white bread and served with a tomato salsa and tortilla chips.

All wraps served with a tomato salsa and tortilla chips.

Ice Creams & Ice Lollies

Dairy Cones - Mint, Vanilla or Chocolate	£1.95
Super 5 Fruit Ice	£1.95

Afternoon Tea

Available between 3.00pm - 5.30pm

The Sussex Cream Tea	£7.50
<i>Freshly baked scone with clotted cream and individual preserve, accompanied by your choice of either tea or coffee</i>	
The Downs Tea	£7.20
<i>Homemade fresh cream chocolate Éclair, accompanied by your choice of tea or coffee</i>	

Light Lunch Menu

Available between 12.00 noon - 2.00pm

Home made 10" pizza	
- Margherita	£10.50
- Ham and mushroom	£11.50
- Chorizo, grilled chicken and peppers	£12.50
Red onion, sundried tomato and basil Calzone	£12.50
<i>With Provençal olive salad and vegan pesto</i>	

Hot Beverages

Pot of coffee per person	£3.20
<i>Fresh filtered or decaffeinated</i>	
Pot of tea per person	£3.20
<i>Earl Grey, Darjeeling, Assam, Green, Breakfast, Pure Camomile, Peppermint, Decaffeinated, Red Bush, Cranberry & Raspberry Fruit Tea</i>	
Cappuccino	£3.60
<i>Espresso topped with steamed, frothed milk and sprinkling of chocolate, served in a regular cup</i>	
Americano	£3.60
<i>Espresso coffee topped with hot water, served with or without cream or milk</i>	
Hydro Flat White	£3.60
<i>A double shot of espresso coffee with steamed milk</i>	
Café Latte	£3.60
<i>Espresso with plenty of steamed milk</i>	
Cafetiere of coffee per person	£3.70
<i>Freshly brewed to order</i>	

If you suffer from a food allergy or intolerance, please inform a member of staff, who will be happy to assist you when placing your order.

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Draught Beers, Lager & Cider

	%	Pint	Half
Fosters	4.00	£4.40	£2.20
Amstel	4.10	£4.60	£2.30
Kronenbourg	5.20	£4.60	£2.30
Guinness	4.10	£4.80	£2.40
Harveys Bitter	4.00	£4.80	£2.40
Strongbow Cider	5.00	£4.40	£2.20

House Wines

	Per Bottle	175ml Glass	250ml Glass
White Wine			
20. Valle Sauvignon Blanc, Elevado	£19.00	£5.00	£6.50
21. Pinot Grigio, Casa de Rossa	£21.00	£5.20	£7.20
39. Chardonnay, Homeward Bound	£20.00	£5.20	£7.00
Red Wine			
80. Merlot, Elevado	£19.00	£5.00	£6.50
81. Shiraz, Homeward	£20.00	£5.20	£7.00
99. Malbec, Melodias, Trapiche	£21.00	£5.50	£7.50
Rose			
65. Elevedo Rose, Valle Centrale	£19.00	£5.00	£6.50
67. White Zinfandel Rose	£21.00	£5.50	£7.50

Sparkling

205. Vinicola Serena Prosecco 200ml bottle	£9.00
2. Prosecco, Via Vai	£29.00
3. Sparkling Rose, Dedicato Millesimato	£25.00

Bottled Beer & Cider

275/330/500/550ml	%	
Becks Blue	0.01	£3.70
Peroni	5.10	£4.60
Bulmers	4.50	£5.25
London Pride	4.70	£5.25
Old Speckled Hen	5.20	£5.25
Long Man Blonde	4.10	£5.25
Long Man American Pale Ale	4.80	£5.25

Minerals & Juices

Cola/Diet/Lemonade (1/2 pint glass/dash)	£2.10/£1.20
125ml Orange Juice	£2.00
Appletiser	£3.30
Fever Tree Mixers	£2.95
<i>Tonic water - original, light, elderflower, lemon, aromatic and mediterranean, ginger bear, ginger ale</i>	
J20	£3.30
<i>Apple and mango, orange and passion fruit or apple and raspberry</i>	
Frobisher's Juice	£3.30
<i>Orange, apple, cranberry, pineapple, tomato juice</i>	
Fentimans 275ml	£3.30
<i>Elderflower, Victorian lemonade, apple and raspberry</i>	
South Downs Mineral Water 750/330ml	£4.00/£2.60
Lime and Soda	£1.50