

# Hydro Hotel

Please place your order  
with our lounge or bar staff

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Drinks are available  
from the hotel bar throughout the day  
or from the lounge staff if the bar is unavailable.

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If you suffer from a food allergy or intolerance,  
please inform a member of staff,  
who will be happy to assist you when placing your order.

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Guest wishing to use E-cigarettes are respectfully asked  
to do so outside the hotel.

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All prices are inclusive of VAT at the standard rate.  
Gratuities are at your discretion.

# Lounge menu

Available between 9.00am-5.30pm

<b>Pot of coffee</b> per person Fresh filtered or decaffeinated	<b>£3.75</b>
<b>Pot of tea</b> per person Earl grey, Darjeeling, Assam, green, English breakfast, pure camomile, peppermint, decaffeinated, red bush, fruit teas - see your waiter for our selection	<b>£3.75</b>
<b>Choice of Bronte biscuits</b> Golden crunch, chocolate chip, Viennese finger, fruit Shrewsbury or shortcake	<b>£2.25</b>
<b>Toasted crumpet</b> Served with individual preserve of your choice and butter	<b>£3.80</b>
<b>Toasted tea cake</b> Served with individual preserve of your choice and butter	<b>£3.80</b>
<b>Homemade fresh cream chocolate Éclair</b>	<b>£4.95</b>
<b>Victoria sponge cake</b>	<b>£4.95</b>
<b>Carrot cake</b>	<b>£4.95</b>
<b>Chocolate fudge cake</b>	<b>£4.95</b>
<b>Freshly baked scone</b> with individual strawberry preserve	<b>£4.50</b>
with individual strawberry preserve and clotted cream	<b>£5.25</b>
<b>Gluten free cakes</b> See your waiter for our selection of gluten free cakes.	<b>£4.50</b>

# Conservatory coffee bar

Available between 9.30am-8.00pm

<b>Espresso</b>	<b>£3.50</b>
Short, strong, sweet and black; just what you need to start the day and perfect after a meal	
<b>Espresso Doppio</b>	<b>£4.25</b>
A double shot of espresso; twice the strength for an extra kick	
<b>Cappuccino</b>	<b>£4.25</b>
Espresso topped with steamed, frothed milk and a sprinkling of chocolate served in a regular cup	
<b>Americano</b>	<b>£4.25</b>
Espresso coffee topped with hot water served with or without cream or milk	
<b>Hydro 'flat white'</b>	<b>£4.25</b>
A double shot of espresso coffee with steamed milk and lots of flavour	
<b>Café latte</b>	<b>£4.25</b>
Espresso with plenty of steamed milk and lots of flavour.	
<b>Caramel or vanilla latte</b>	<b>£4.75</b>
<b>Mocha</b>	<b>£4.25</b>
Espresso with chocolate topped with steamed, frothed milk and sprinkling of chocolate; spoil yourself with the ultimate coffee indulgence	
<b>Cafetiere coffee</b> per person	<b>£4.25</b>
Freshly brewed to order	
<b>Classic hot chocolate</b>	<b>£4.25</b>
Hot chocolate served with steamed milk	
<b>Deluxe hot chocolate</b>	<b>£4.50</b>
Hot chocolate served with steamed milk, topped with whipped cream and a sprinkle of chocolate powder	
<b>Babyccino</b>	<b>£2.50</b>
Steamed and frothed milk, sprinkled with chocolate	

# Sandwiches

Available from 12.00noon

<b>Humus and roasted pepper</b>		<b>£8.00</b>
<b>Mature cheddar cheese and mango chutney</b>		<b>£8.00</b>
<b>Honey roasted ham and Dijon mustard</b>		<b>£8.50</b>
<b>Carrot, beetroot and avocado</b>		<b>£8.00</b>
<b>Roast beef and horseradish sauce</b>		<b>£8.50</b>
<b>Egg mayonnaise and bacon</b>		<b>£8.00</b>
<b>Roast turkey with cranberry sauce</b>		<b>£8.50</b>
<b>Tuna mayonnaise and red onion</b>		<b>£8.50</b>
<b>Fresh poached salmon with chive mayonnaise</b>		<b>£9.00</b>
<b>North Atlantic prawns with Marie Rose sauce</b>		<b>£9.00</b>
<b>Smoked salmon and cream cheese</b>		<b>£9.00</b>
<b>Toasted sandwich selection</b>		<b>£9.00</b>

Choice of any two fillings:  
ham, mature cheddar cheese, tomato or onion



*Bon Appetit*

All sandwiches are prepared with your choice of wholegrain or white bread and served with a garnish and crisps.

# Light lunch menu

Available between 12noon – 5.00pm

<b>Home made 10" pizza</b> - Margherita - Ham and mushroom - Chorizo, grilled chicken and peppers	<b>£15.00</b>
<b>Red onion, sundried tomato and basil Calzone</b>  With Provencal olive salad and vegan pesto	<b>£15.00</b>
<b>Chicken Caesar salad</b> Pan roasted chicken breast, cos lettuce, anchovies, croutons and parmesan cheese bound together with Caesar dressing	<b>£15.00</b>
<b>Mediterranean seared salmon</b> (gf) Seared fillet of salmon on roasted Mediterranean vegetables, coriander and balsamic dressing	<b>£15.00</b>
<b>Beef Lasagne</b>	<b>£15.00</b>
<b>Beer battered cod</b> Deep fried cod in beer batter with chips	<b>£15.00</b>
<b>Hydro omelette</b> (gf) Freshly made three egg omelette with choice of <b>one</b> filling served with chips Filling Choice: cheese, tomato, ham or mushrooms Extra fillings £2.50 each	<b>£15.00</b>
<b>Cottage Pie</b>	<b>£15.00</b>
<b>Char grilled chicken</b> , (gf) with thyme and garlic roasted vegetables salad, lemon dressing	<b>£15.00</b>
<b>Steamed fillet of hake</b> with warm tartare sauce vegetables and new potatoes	<b>£15.00</b>
<b>Slow braised feather blade of beef</b> served with creamed potatoes and vegetables	<b>£15.00</b>

All our dishes are made freshly to order and during busy periods delays may occur

# Light lunch menu

Available between 12noon – 5.00pm

**Chicken curry** **£15.00**

served with rice and poppadum /medium hot/

**Beef stew with dumplings** **£15.00**

served with mash potatoes and vegetables

**Confit of duck** **£15.00**

In an orange and Grand Marnier sauce with a selection of vegetables

**Spaghetti Bolognese** **£15.00**

**Chilli con carne** (gf) **£15.00**

served with rice

**Homemade Soup** **£7.00**

served with bread roll and butter

Tomato (v)

Broccoli (v)

Mushroom (v, gf)

**Side orders** **all £4.25 each**

Peas

New Potatoes

Chips

Side Salad

**Desserts** **all £7.00 each**

Hot steamed sponge pudding with custard

Chocolate brownie, chocolate sauce

Blackberry delice, wild berry compote

Selection of ice creams (3 scoops)

choice of vanilla, strawberry, chocolate or coffee

Selection of sorbets (3 scoops)

choice of orange, mango or lemon

# Afternoon Tea

Available between 3.00pm-5.30pm

## **Hydro afternoon tea** (Per Person)

**£19.95**

Served on cake stand

Served with sandwiches:

Cucumber, ham and smoked salmon with cream cheese

Fresh homemade scone with fresh clotted cream and strawberry preserve

A selection of cakes and sweet pastries

Tea or coffee

## **Vegan Hydro afternoon tea** (Per Person)

**£19.95**

Served on cake stand

Served with selection of vegan sandwiches

Fresh homemade scone with fresh vegan cream and strawberry preserve

A selection of vegan cakes

Tea or coffee

## **The Sussex cream tea**

**£8.60**

Freshly baked scone with clotted cream and individual preserve accompanied by your choice of either tea or coffee

## **The Downs tea**

**£8.30**

Homemade fresh cream chocolate Éclair accompanied by your choice of either tea or coffee

## **The Lawns tea**

**£7.00**

Hot buttered toasted tea cake served with your choice of either tea or coffee



# Hydro Hotel specially selected wines

Per	175ml	250ml
Bottle	Glass	Glass

## SPARKLING WINE

- 205. Prosecco, Via Vai - Italy** **£9.95**  
(200ml single serve bottle)

A lively crisp sparkling wine with a delicate lemony character and an aromatic, dry, refreshing finish.

- 2. Prosecco, Via Vai - Italy** **£34.00**

A pale bright yellow colour with banana and acacia aromas lead into a fresh palate bursting with tropical fruits, harmonic and very pleasant.

- 3. Sparkling Rose, Dedicato Millesimato - Italy** **£29.95**

Glorious pink colour with nuances of apricot, apple and pear. Some notes of lime on the nose, with a surprisingly savoury and well structured finish.

## WHITE WINE

- 20. Sauvignon Blanc, Lanya - Chile** **£23.00** **£5.90** **£7.90**

Light and zippy, with flavours of gooseberries and white peach. The perfect partner for chicken salad or sushi

- 21. Pinot Grigio, Casa de Rossa - Italy** **£25.00** **£6.60** **£8.80**

Straw in colour, with an intensely floral fragrance and a ripe green fruit character and aroma. Steely mineral tones balance the acidity, and add a pleasingly dry crispness.

- 38. Liebfraumilch, J. Egberts QBA - Germany** **£28.00** **£7.30** **£9.50**

Riesling and Muller-Thurgau grapes grown on the slate soils of the Mosel, skilfully blended to give a semi-sweet white. Fruity acidity gives the wine structure and backbone

- 39. Chardonnay, Vinamar - Australia** **£24.00** **£6.30** **£8.30**

Fresh and well balanced, plenty of tropical fruit flavours of melons and peach with rich aromas.

The above wines are also available in a smaller 125ml measure upon request.

# Hydro Hotel specially selected wines

		Per Bottle	175ml Glass	250ml Glass
<b>RED</b>				
<b>80.</b>	<b>Merlot, Lanya - Chile</b>	<b>£23.00</b>	<b>£5.90</b>	<b>£7.90</b>
	Brimming with sweet spice and juicy plum, this wine pairs beautifully with grilled meats and good times.			
<b>81.</b>	<b>Shiraz, Euca, Homeward Bound - Australia</b>	<b>£24.00</b>	<b>£6.30</b>	<b>£8.30</b>
	This classic Australian Shiraz is packed with ripe cherry and raspberry flavours with a pepper spice finish.			
<b>85.</b>	<b>Rioja Vega Crianza, Ramon Bilbao - Spain</b>	<b>£31.50</b>	<b>£8.20</b>	<b>£10.80</b>
	Aged for 12 months in oak to add extra body. Complex wine, rich in warm spice aromas with balanced ripe red fruit and vanilla, toasty oak and spicy flavours.			
<b>99.</b>	<b>Malbec, Melodias, Trapiche - Argentina</b>	<b>£25.00</b>	<b>£6.60</b>	<b>£8.80</b>
	Produced by the experienced Trapiche winery, a brooding ruby red with aromas of ripe black fruit and leather lead into a gorgeous sumptuous mouth filling palate of prune and damsons.			
<b>ROSE</b>				
<b>65.</b>	<b>Rose, Lanya - Chile</b>	<b>£23.00</b>	<b>£5.90</b>	<b>£7.90</b>
	Rich and juicy red fruits combine beautifully here to give a fruit-laden rose for all occasions			
<b>67.</b>	<b>White Zinfandel Rose, Roller Girl - USA</b>	<b>£25.00</b>	<b>£6.60</b>	<b>£8.80</b>
	Roller girl white zinfandel is packed with seriously lush pineapple and strawberry and tastes deliciously fruity. Fun and easy-drinking wine to enjoy with friends			

The above wines are also available in a smaller 125ml measure upon request.

## Bottled beers and ciders

275/330/500/550ml	%	£
Becks Blue	0.01	£4.25
Peroni	5.10	£5.25
Bulmers	4.50	£6.00
Old Mout	4.00	£6.00
London Pride	4.70	£6.00
Old Speckled Hen	5.20	£6.00
Long Man Blonde/APA	4.10	£6.00
Guinness	4.50	£5.00
Old Mout 0% Cider	0.00	£5.50

## Minerals and juices

Coca Cola/ Diet/ Lemonade - half pint glass/dash	£2.50/£1.50
Orange juice 125ml	£2.50
Appletiser	£4.00
Zero Coke	£4.00
Fever-Tree mixers	£3.40
(Tonic water - Original, Light, Elderflower, Lemon, Aromatic & Ginger beer, Ginger ale)	
J2O	£4.00
(Apple & Mango, Orang & Passion Fruit or Apple & Raspberry)	
Folkington's juice	£4.00
(Orange, Apple, Cranberry, Pineapple, Tomato, Mango)	
Fentimans 275ml	£4.20
(Elderflower, Victorian lemonade)	
South Downs Mineral water 750/330ml	£4.90/£2.95
(Still, Sparkling)	
Lime and Soda	£1.60

## Draught beer and cider

	%	Pint	Half
Foster's	4.00	£5.30	£2.65
Strongbow Cider	5.00	£5.30	£2.65
Kronenbourg	5.20	£5.50	£2.75
Amstel	4.00	£5.50	£2.75
Harvey's bitter	4.00	£5.70	£2.85